

I feel ... words

| positive | negative |
|-------------------|-------------------|
| happy | unhappy |
| thrilled | frustrated |
| pleased | miffed |
| glad | sad |
| stoked | hurt |
| delighted | disappointed |
| adored | heartbroken |
| elated | deflated |
| awesome | horrible |
| optimistic | pessimistic |
| loved | unloved |
| touched | irritated |
| relieved | worried |
| interested | bored |
| amused | annoyed |
| proud | embarrassed |
| trusted | untrusted |
| appreciated | guilty |
| intelligent | confused |
| peaceful | anxious |
| seen | forgotten |
| accepted | rejected |
| understood | misunderstood |
| safe | unsafe |
| respected | disrespected |
| fearless | fearful |
| beautiful | ugly |
| cherished | neglected |
| content | upset |